



No cost to attend

Thanks to the generosity of individuals, churches, and other organizations, there is **no cost** for a combat veteran or their spouse to attend this program.

The Welcome Home Initiative is **our gift** to members of the Armed Forces and their families.

We offer this program to **thank them** for their service to our country



Welcome Home Staff

The Reverend Nigel Mumford
Lt. Col. (Ret) Noel Dawes
Sandra Lester/Coordinator
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By His Wounds Inc.



Christian Ministry

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Photos by Diane Haskell Photography

Welcome Home Initiative

**A Program for
Combat Veterans**

PTSD isn't about what's
wrong with you...
It's about what
happened to you...



By His Wounds Inc.
Christian Ministry

The Reverend Nigel Mumford – Founder



The Welcome Home Initiative

Is an intense, two or three-day program for military veterans (*and their spouse*) who served their country in combat and may be suffering in varying degrees, from post-trauma stress.

The Welcome Home format is designed



to bring about awareness of this hidden impact of combat service upon veterans, assuring them of a

welcoming and safe place to accomplish essential spiritual and emotional healing. The program is geared to help every participant know and experience that they are “welcomed home” in every sense.



What to Expect?

The **Welcome Home program** is comprised of a series of talks, designed to give an overview of healing PTSD including;

Resources for coping and recovery.

The importance of telling your story (*and how to do so effectively*),

The healing of memories.

Impact upon family and other close relationships.

Other discussions are designed to meet your specific needs and/or those of your family members.



The connections and friendships that are formed during these retreats are outstanding. Participants experience camaraderie and equal footing, regardless of their rank or branch of service.

Walls which once seemed too high to scale, crumble in the face of common shared experience.



Though a serious and meaningful time for all, there is also much levity and laughter. These are a wonderful few days of good food, fun and lodging as well.

If you would like to host a Welcome Home Initiative in your community, or to find out where and when we are hosting our next WHI Program:

Please visit our website.

Click on the *Welcome Home Program*.

You can email Sandra at:

welcomehome@byhiswoundsministry.org

Or call: 757-716-7812

FYI: The Welcome Home Initiative program has been filmed. DVD's will be available for venues and churches to purchase soon.

Enabling all to do this program for combat veterans in their own community.

If you would like to support the ministry, you can donate through our website www.byhiswoundsministry.org

or

Send your contributions directly to:

By His Wounds Inc.

P.O. Box 55,

Greenwich, NY 12834



Thank you!

Welcome Home!